



861 CROSS ST. POTTSTOWN, PA 19464
 (Located at the corner of S. Keim and Cross Sts.)

FALL CLINICS 2010

FALL I Sept. 20 – Oct. 31

BEGINNER DIVISION (Gr. K-2)

Basic Baseball Fundamentals Mon. 5:30-6:25pm
 Fri. 5:30-6:25pm

MINOR & MAJOR DIVISIONS (Gr. 3-4 & 5-6)

Basic Hitting Mon. 6:30-7:25pm
 Thur. 6:30-7:25pm

Pitching Mechanics (Maj. Div. Only) Wed. 5:30-6:25pm

Strength & Agility for Baseball (Maj. Only) Wed. 6:30-7:55pm

Softball Hitting Mechanics Thur. 5:30-6:25pm

Throwing/Fielding Improvement (Min. Div. Only) Fri. 7:30-8:25pm

JR./SR. HIGH DIVISIONS (GR. 7-9 & 10-12)

Adv. Level Open Hitting & Pitching MWF 3:30-5:00pm
 (*Monthly membership required - \$75.00-Sept & Oct.)

Hitting w/Core & Upper Body Str. Tr. Mon. 7:30-8:55pm

Pitchers Off-Season Strength Dev. Thur. 7:30-8:55pm

FALL II Nov. 4 – Dec. 22

BEGINNER DIVISION (Gr. K-2)

Basic Baseball Fund. I Wed. 5:30 – 6:25pm; Sun. 11:00 -11:55pm

Basic Baseball Fund. II Mon. 5:30-6:25pm; Fri. 5:30-6:25pm

MINOR & MAJOR DIVISIONS (Gr. 3-4 & 5-6)

Pitching Mechanics Tue. 5:15-6:10pm; Sat.10:00-10:55am (Maj. Only)

Basic Hitting Tue. 6:15-7:10; Th. 5:15-6:10pm

Hitting/Pitching Combo Sun. 2:00-3:25pm; Mon. 6:30-7:55pm (Maj. Only)
 Th 5:30-6:55pm (Min. Only)

Softball Pitching/Hitting Combo Tue. 6:30-7:55pm (Maj. Only)

Hitting/Catching Combo Sun. 2:00-3:25pm

Catchers Clinic Th. 6:30-7:25pm

All-Around Baseball Skills Sat. 1:00-2:25pm (Min. Only)

Throwing/Fielding Improvement Fri. 6:30-7:25pm (Min. Only)

JR./SR. HIGH DIVISIONS (GR. 7-9 & 10-12)

Adv. Level Open Hitting and Pitching Mon –Fri. 3:15 til 5:00pm

(*Monthly membership required - \$75.00/Month unlimited use)

Hitting w/Core & Upper Body Str. Tr. Mon. 7:30-8:55pm

Pitching Development Sun. 12:00-12:55pm

Advanced Hitting Instruction Sun. 1:00-1:55pm

Pitchers Throwing & Strength Tr. Th. 7:30-8:55pm; Sat. 11:00-12:25pm(Jr. Only)

6 WEEK FALL SESSION REGISTRATION FORM

Age Groups & Levels	Regular 55 Min. Clinics	1 Hour 25 Min. Clinics
Beginner Division (Grades K-2):	115.00	---
Minor Division (Grades 3 & 4)	130.00	180.00
Major Division (Grades 5 & 6):	130.00	195.00
Jr. High Division (Grades 7-9)	140.00	205.00
Sr. High Division (Grades 10-12)	140.00	215.00

PLAYER NAME _____ BIRTH DATE _____

ADDRESS: _____

EMAIL ADDRESS: _____ HOME PHONE: _____

PARENT CONTACT: _____ CELL PHONE: _____

FALL SESSION: Fall I _____ or Fall II _____

Clinic/Program: 1) _____ Day: _____ Time: _____

2) _____ Day: _____ Time: _____

MAKE CHECKS PAYABLE TO:
 MOATZ BASEBALL TRAINING, LLC

MAIL TO:

RICK MOATZ BASEBALL AND SOFTBALL TRAINING
 PO BOX 224 BALLY, PA 19503